



Curry Mallet Church of England Primary School

Curriculum Overview PSHE and RSE

Personal, social, health and economic (PSHE) education

Relationship and Sex Education (RSE)

Our curriculum approach to PSHE & RSE reflects our vision statement: 'We live life in all its fullness'.

All Leaders of Learning have responsibility for PSHE & RSE leadership.

Intent

To promote the spiritual, moral, cultural, mental and physical development of children at our school, and prepare them for the opportunities, responsibilities and experiences of later life.

PSHE at Curry Mallet will support the development of the skills, attitudes, values and behaviour, which enable pupils to:

- Have a sense of purpose
- Value self and others
- Form relationships
- Make and act on informed decisions
- Communicate effectively
- Work with others
- Respond to challenge
- Be an active partner in their own learning
- Be active citizens within the local community
- Explore issues related to living in a democratic society
- Become healthy and fulfilled individuals

Implementation

We use JIGSAW to support all teaching of PSHE & RSE

Jigsaw content covers:

Autumn 1: Being Me in My World: Includes understanding my place in the class, school and global community as well as devising Learning Charters

Autumn 2: Celebrating Difference: Includes anti-bullying (cyber and homophobic bullying included) and diversity work

Spring 1: Dreams and Goals: Includes goal-setting, aspirations, working together to design and organise fund-raising events

Spring 2: Healthy Me: Includes drugs and alcohol education, self-esteem and confidence as well as healthy lifestyle choices

Summer 1: Relationships: Includes understanding friendship, family and other relationships, conflict resolution and communication skills in Relationship Education

Summer 2: Changing Me: Includes Relationships and Sex Education in the context of looking at change

Further detail on our PSHE curriculum can be found here:

<https://www.currymalletschool.co.uk/download/jigsaw-phse-policy-2019-2020/?wpdmdl=2634&refresh=61712f06ba2581634807558>

Throughout the school, PSHE is taught by the class teacher and teaching assistants and supported by our Circle Time activities. RSE is always taught by the class teacher. Although we have mixed key stage and mixed year group classes we teach PSHE & RSE discretely to each year group as the subject content is often age appropriate. As well as having discrete PSHE lessons, staff ensure that elements of the wider world and social, moral and cultural elements are linked and implemented throughout our wider curriculum offer.

We provide opportunities for children to show leadership and commitment to their wider community by volunteering to take on responsibilities such as House Captain or School Council; librarian or playground leader.

Children have the opportunity to fundraise for a range of charities either of individual choice or those with a whole school focus such as School in a Bag.

Relationship and Sex Education

We follow the JIGSAW program to teach RSE

All objectives relating to Relationship and Sex Education taught at Curry Mallet School can be found on our website: <https://www.currymalletschool.co.uk/download/jigsaw-phse-policy-2019-2020/?wpdmdl=2634&refresh=61712f06ba2581634807558>

A parent guide to what and how we teach RSE can be found on the website. Here is a link:

<https://www.currymalletschool.co.uk/download/jigsaw-rse-guide-for-parents-and-carers/?wpdmdl=2624&refresh=61700552a4a3c1634731346>

Impact

Children feel confident in discussing a range of subjects and have empathy for an understanding of others' points of view. Children have a secure and growing knowledge of the wider world, along with cultural and social issues. Children feel safe when speaking about their own health and wellbeing and feel confident in speaking to a range of staff for support. Children understand their rights and responsibilities. Children can begin to make informed decisions about their health and lifestyle choices. Children have the opportunity to talk about jobs, ambitions and have improved self-worth as result of living and learning about the wider world.

Planning

We use planning and progression detailed in the JIGSAW program. This helps us to ensure progression and we can be certain our planning increases the depth of understanding and range of knowledge throughout the primary years.

Recording

Most of PSHE is discussion and group collaborative work. Recording of lessons can be through photographs, video recordings, and sometimes written notes.

Reporting

Progress within PSHE sessions is discussed at parents' evening and ongoing assessment is made throughout the year.

Monitoring of PSHE

Leaders of Learning will speak to pupils about their learning and discuss with colleagues what has gone well, as well as any lessons learnt. Pupil surveys also inform the impact of PSHE and help us consider what other learning opportunities we should provide.

Review January 2023