

- Strong
- Active
- Athletic
- Fast
- Fit
- Muscular
- Healthy

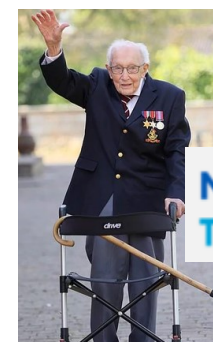


Heroic Vocabulary

Heroic	Having the characteristics of a Hero. Admirably brave or Determined.
Courageous	Not deterred by danger or pain. Brave.
Daring	Adventurous or brave.
Mission	An important assignment given to a person or group of people.
Adventure	An unusual, exciting or daring experience.
Sacrifice	An act of giving up something valued for the sake of something else regarded as more important or worthy.
Resilient	Able to withstand or recover quickly from difficult conditions.
Talent	Natural ability or skill.
Brave	Ready to face danger or pain.

Then _____ Chronology _____ Now

Born : April 1920



Died: February 2021

NHS CHARITIES TOGETHER